

## Saline Girl's Lacrosse 2024 Policies & Procedures

### **INTRODUCTION**

Saline Girl's Lacrosse is aligned with the SAS Athletic Handbook. This document should be used in conjunction with the SAS Athletic Handbook to fill in team specific items.

### **CORE VALUES**

See SAS Athletic Handbook.

### **PHILOSOPHY**

To make lacrosse a fun and positive experience, while giving our best effort to continuously improve and work together as a team.

We have Varsity and JV teams.

JV – To develop players. Learn new skills and improve on current skills. **Playing time is more equal.**

Varsity – To Compete. Also to learn new skills and improve on current skills. **Playing time is based on performance during practice and games. Playing time during games is not guaranteed.**

### **GOALS OF ATHLETIC PARTICIPATION**

See SAS Athletic Handbook.

### **PARTICIPATION IS A PRIVILEGE, NOT A RIGHT**

See SAS Athletic Handbook.

### **THE DEFINITION OF “IN SEASON”**

March 11<sup>th</sup> 2024 is the start of season.

The season will end based on whichever occurs LAST: Team banquet TBD or Our last playoff game TBD.

## **ELIGIBILITY**

See SAS Athletic Handbook.

## **PRACTICE AND COMPETITION ATTENDANCE**

See SAS Athletic Handbook.

There is an expectation that every player will have a stick, goggles, mouth guard, pinnie, and water bottle with them always.

Tardies will result in running 100yds per minute late.

First unexcused absence equals sitting the first quarter of the next game.

The second unexcused absence equals sitting the first half of the next game.

Third unexcused absence possible expulsion from team.

## **SCHOOL ATTENDANCE**

See SAS Athletic Handbook.

## **MULTI-SPORT PARTICIPATION WITHIN THE SAME SEASON**

See SAS Athletic Handbook.

## **CURFEW**

11:00pm to 6:00am. The consequence will be sitting the first quarter of the next game.

Head Coach can make exceptions with prior notice.

## **FACILITIES AND EQUIPMENT**

See SAS Athletic Handbook.

All student athletes are financially responsible for equipment issued to them during their season. Any loss or damage beyond regular wear and tear to the issued uniform will lead to a \$200 charge assessed to the student.

## **TRANSPORTATION**

Players that want to ride home with their parent(s) on a bussed game must provide written notice to the head coach, 24 hours prior to game time.

Check the “Games and Practice Times” calendar, on the Saline Athletics website, to see if buses will be provided.

## **COACH / PARENT MEETING**

Team schedules are on the Saline Athletes website under schedule.

Team calendar is on the Saline Athletes website under the more pulldown, then Team Links.

The Team calendar will have all our daily activities.

## **INJURIES / MEDICAL CARE**

See SAS Athletic Handbook.

## **AWARDS**

See SAS Athletic Handbook.

Any player on the Varsity roster will earn a Varsity letter. Exception to this is the MHSAA State Playoff Roster. Players brought up from JV to Varsity for the MHSAA State Playoffs will be given a Varsity Letter at the Head coach’s discretion.

**BEHAVIOR**

Phone Use and Social Media

No Cell Phone Usage at practice or games. During our scheduled practice times there will be no cell phone usage (even to check the time... etc). During games, cell phones will not be used from 1 hour prior to game time until after the players have broken from their final team talk and left the field of play. This is for all players, even injured players. Leave the phone on the bus, in your car, or at the bottom of your bag. Cell Phone Misusage could result in dismissal from team.

Inappropriate comments, pictures, videos.... etc on social media will be reprimanded and could lead to dismissal from the team.

**APPEALS**

See SAS Athletic Handbook.

**ADDRESSING A CONCERN AND CHAIN OF COMMAND**

See SAS Athletic Handbook.

Communication is the key!

If you have any questions, comments, or concerns, please email me at salineglaxcoach@gmail.com

Head Coach

Darren Pawlowski

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Detach and Return before March 11<sup>th</sup> 2024

I have read and agree to abide by the Saline Women’s Lacrosse 2024 Policies and Procedures.

Student Signature\_\_\_\_\_ Date\_\_\_\_\_

Print Name\_\_\_\_\_

Parent/Guardian Signature\_\_\_\_\_ Date\_\_\_\_\_

Print Name\_\_\_\_\_